

Coniston Early Years Centre Policy Document

Safeguarding and Welfare Requirement: Health

The provider must promote the good health of children attending the setting.



High Quality Care for All Children
A Firm Foundation for Education

6.6 Staying Safe Outdoors Policy

Policy Statement. It is our intention to keep the children in our care as safe as possible and this policy has been created based on information received during training, in order to ensure the setting upholds this intent, in respect of the children's physical well being in all weathers.

Procedures

We aim to enhance the children's awareness of safety in the sun, and extend their skills of critical thinking in situations that require them to take extra care of themselves.

The procedure for sun protection is as follows:

- We will ensure that all children wear a sun hat when playing outside. Parents may provide a hat (named) each day for their child if they wish. We do however also have a large stock of our own hats which enables us to ensure children are protected at all times. We have an adequate number of hats that allows for them to be used by one child only preventing cross contamination, especially in times of pandemics for example, and are regularly laundered. As a minimum once a week. We also have a stock of winter hats and again the same precautions are employed to prevent cross contamination.
- The sun hats belonging to the pre school are of the legionnaires design with a piece of fabric hanging from the rear that covers the children's necks. These hats are laundered on a regular basis (weekly).
- We believe that children should have access to outdoor play at all times but recognize that between 11am and 1pm the sun may be at its hottest, depending on the time of the year, and so we limit the amount of time children spend outside during these times.
- We use our discretion with regards to the amount of time individual children spend outside on hot days.
- We will encourage adults to think about appropriate clothing i.e. t shirts that cover their child's arms, neck and shoulders in hot weather and layers of clothing when the weather is cold.
- We obtain signed permission from parents to use and apply the sun cream we have purchased.
- Parents may supply their own clearly labelled bottle of sun cream and we recommend that this be at least factor 15 but preferably 30 or 50, this may be hung in a bag on the child's peg along with their t shirt if appropriate.
- We purchase sun cream for use by the children that is Factor 50+ and where possible is hypoallergenic and safe for the majority of children to use.
- We reserve the right to prevent a child playing outside on excessively hot and sunny days if a parent has not given signed permission for our sun cream to be used and

have not supplied their own sun cream for the child to use either.

- Adults working in the setting will set a good example with regards to sun safety such as using sun cream or wearing a sun hat.
- We will read stories to and undertake activities with the children that raise their awareness of being sun smart at the start of the summer term.
- We have several large parasols, and a gazebo for use when the children are playing outside to provide further protection from the sun. We also have two outdoor shelters to provide additional shade.

Further guidance

- www.cancerresearchuk.gov